

# Winter Wellbeing Wednesdays

Lancashire Hill Learner Lounge  
11am to 1pm

Wednesday 27 November

Wednesday 4 December

Wednesday 11 December

Wednesday 18 December

Local residents will welcome you with a warm brew  
and hot toast.

Find out what is on offer to support you through  
the winter months including:

Money saving advice and  
poverty support

Continuing job support

Community  
activities

Keeping warm and well

Mental Health and  
wellbeing

Getting online and  
other digital support

