

# WAVE OF CHANGE

Helping women In Stockport take positive steps



*Join* US!



Come along to an engagement session! Find out more about the Wave of Change, how we can help and where you will meet like-minded women.

- **Thursday 15th August** – Stockport Town Centre Walk
- **Tuesday 27th August** – Family Walk in Marple
- **Thursday 5th September** – Wellbeing & Info Drop In – venue TBC Central Stockport



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