



# Wellbeing Walk of Hope

As part of Greater Manchester's Month of Hope, join us to meet and talk with others, spend some time outdoors and to share a little hope.

The walk is open to anyone, please feel free to come along on your own, with a friend or as part of a group.

**Friday 20th September | 10am - 12pm**  
**Vernon Park Café, SK1 4AR**

**For more info please  
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