

Day Opportunities Wheelers Accessible Cycling

We offer weekly adapted cycling opportunities throughout the year, for disabled adults, children and young people.

The project has a variety of adapted cycles to enable people of all abilities to experience the joy of cycling and feel the wind in their hair as they cycle round the track either independently or with a parent or carer.

It's the ideal way for people with disabilities to stay active and socialise, which helps to support confidence, self-esteem, health and well-being.

Stockport Harriers Athletics Stadium,
Woodbank Park, Stockport SK1 4JS
(follow to the end of Park Lane to the
green park gate).

£3.50 per person, carers ride for free.
Cash only (subject to change). No
need to book.

Thursday: 11am - 1:30pm

Friday: 11am - 1:30pm

Saturday: 1pm - 3:30pm



Call our Enquiries Team on 0161 432 1248 or email
enquiries@supportability.org.uk to find out more.

Supportability
Making life better for
people with disabilities

www.supportability.org.uk