



Skills for life

A.I. and Wellbeing Workshop

🕒 5 February 2025 (9.30am – 3pm)

📍 Cornerstone, 2 Edward Street, SK1 3NQ

A hands-on workshop exploring how we can use AI tools like ChatGPT to support our wellbeing and personal goals. Suitable for beginners and experienced users, enthusiasts, and sceptics.

To book a space, email
customer.training@stockporthomes.org
or call 0161 474 2862