



Skills for life

# A.I. and Wellbeing Workshop

🕒 28 November 2024 (1pm – 4pm)

📍 Cornerstone, 2 Edward Street, SK1 3NQ

*A hands-on workshop exploring how we can use AI tools like ChatGPT to support our wellbeing and personal goals. Suitable for beginners and experienced users, enthusiasts, and sceptics.*

To book a space, email  
[customer.training@stockporthomes.org](mailto:customer.training@stockporthomes.org)  
or call 0161 474 2862