



Skills for life

July/Aug 2024

Crack On and Cook	16/07/24	10.30am – 12.30pm	<i>Cooking tasty, nutritious meals on a budget.</i>
Drawing for Beginners	18/07/24 – 01/08/24	9.30am – 12.30pm	<i>Discover your inner artist with this, 'first steps' drawing course – three sessions.</i>
Defibrillator Training	30/07/24	1pm – 4pm	<i>Learn how to safely use a defibrillator and save lives.</i>
Digital and Social Media Marketing	12/08/24	10am – 3pm	<i>Introduction to the essentials of digital marketing – great for many jobs.</i>
Crack On and Cook	13/08/24	10.30am – 12.30pm	<i>Cooking tasty, nutritious meals on a budget.</i>
Asian Cooking: Nikuman Buns	15/08/24	10am – 12pm	<i>How to cook a delicious Japanese version of steamed filled Bao Buns.</i>
Greenfingers: Summer Posies	17/08/24	10am – 1pm	<i>Create a beautiful floral arrangement which you can then take home.</i>
Food Hygiene Level 2	21/08/24	10am – 4pm	<i>Essential, accredited training for anyone who prepares and serves food.</i>

To book a space, email
customer.training@stockporthomes.org
or call 0161 474 2862