



Wellbeing Walk of Hope

As part of Greater Manchester's Month of Hope, join us to meet and talk with others, spend some time outdoors and to share a little hope.

The walk is open to anyone, please feel free to come along on your own, with a friend or as part of a group.

Friday 20th September | 10am - 12pm
Vernon Park Café, SK1 4AR

**For more info please
contact:**

**0161 470 1227 |
mentalhealthnetwork@
pureinnovations.co.uk**

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Your Voice Matters Mental Health Panel

Do you have lived experience of Mental Health Services in Stockport? Join our lived experience panel!

Work with services to meet the needs of those living in Stockport. Connect with others, share lived experience and contribute to our newsletters. Plus, talk openly and confidentially in a safe and supportive environment

Meetings held every 6 weeks

St Matthews Church House, Chatham Street, Edgeley, SK39EG

01614701227 | yourvoicematters@pureinnovations.co.uk

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