



# Start The Week Social Group

A friendly, supportive lunch and social group for people living with enduring mental health conditions.

**Drop in, no referral needed.**

**Vulnerable adults to be accompanied by a carer.  
£2.50 suggested donation includes home cooked  
lunch and drinks.**

**Mondays (except Bank Holidays) 12:30 - 14:30**

Quaker Meeting House, 2 Cooper Street, SK1 3DW

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