





- Receive one-to-one coaching and support from experienced professionals.
- Gain the confidence you need to meet your true potential in the workplace.
- Discover how to build a career path and grow within your current job, or explore new opportunities.
- Get help with CV, interviews, and job search strategies.
- Participate in practical, hands-on workshops that boost your employability.

For programme details please email or phone us on:

workandskills@stockport.gov.uk 07890 527 111

Eligibility Criteria

- Aged 18 or over
- Right to live and work in UK
- Live in Stockport

With one or more of the following:

- Low paid work
- Claiming in-work benefit
- In low skilled work
- Self-employed
- On a zero-hour contract
- Insecure work
- At risk of redundancy





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