



January Health & Wellbeing Event

All Hallows Church,
Councillor Lane, SK8 2JG

Everyone welcome

Charlee and Heather from the Public Health team are around to speak to people about the health and wellbeing offer in Stockport, this includes:

- Free blood pressure check
- Mental health & wellbeing offers
- Advice around smoking, alcohol, nutrition and physical activity
- Get involved in your community

**Wednesday
22nd January
2025**

10am - 12



Hosted alongside

