## GROW IN CONFIDENCE IN YOUR AUTISM

The **Greater Manchester Autism Consortium** is hosting an online support group, exclusively for autistic adults, to allow them to meet other people, discuss matters of general interest, and share their experiences and ideas.

Meetings are held virtually on Zoom - usually on the 3rd Thursday of each month.

Numbers for each meeting will be limited to 20, and places can be booked on a first-come first-served basis on the **National Autistic Society's** Eventbrite listings. If you wish to attend but are unable to access Eventbrite, please contact Abigail (details below) to reserve a place.

Meetings are held monthly on the third Thursday of each month from 6.30 to 8.30pm.

The group administrators are:

Mark Simpson – mark.simpson@nas.org.uk

Abigail Gibson: abigail.gibson@nas.org.uk

Mark can be contacted on 07876746403 if you don't have access to email.

## Eventbrite:

https://www.eventbrite.com/cc/grow-confidence-in-your-autism-2025-series-3942543







