

# Grief Café

Bredbury Library

Monday 16th December

3rd Monday of the Month

1.30pm - 2.30pm

Libraries are a trusted space in the community. Whether your loss is recent, anticipated or a long time ago; please join us for coffee, biscuits and a kind, listening ear.



Please note this is a supportive discussion group not a counselling session.

**NHS**

Stockport  
NHS Foundation Trust

