



King's Trust

EXPLORE YOUR POTENTIAL

Boost your confidence by taking part in fun, challenging group activities. You'll gain key skills to support you in life and work, including teamwork, leadership and communication.

Find out more
greatermanchesteroutreach@kingstrust.org.uk



ON THIS COURSE YOU'LL:

- Experience a week of outdoor activities.
- Build up soft skills such as communication, confidence and leadership.
- Meet and socialise with other people from a variety of backgrounds.
- Learn through art, sport, cooking and more.

DATES FOR YOUR DIARY:

Course dates: 29th April -30th May

Express interest by: 22nd April

Location: The Kings Trust, Ancoats, M4 6JG

Eligibility criteria: Currently 16-25 years old, NEET, Living in Greater Manchester