

You're in control. Get help from a dedicated mentor to discover your potential, boost your personal skills and improve your confidence.

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@princestrust







## **ON THIS COURSE YOU'LL:**

- · Experience a week of outdoor activities.
- Build up soft skills such as communication, confidence and leadership.
- Meet and socialise with other people from a variety of backgrounds.
- · Learn through art, sports, cooking and more.

## **DATES FOR YOUR DIARY:**

Course dates: 23rd July - 23rd August Location: The Prince's Trust, Ancoats, M4 6JG Eligibility criteria: Currently 16 - 25 years old,

NEET, Living in Greater Manchester

