

BOOST

BOXING



A new weekly non-contact boxing and wellbeing session for men

Starting in October, every Wednesday, 12 noon
Marple Senior Citizens Centre, Memorial Park, SK6 6BA

No experience needed, beginners welcome
Classes are free and equipment is provided

Get in touch for more information and to register:

email: BOOST@the-thread.uk text/WhatsApp: 07808 773264
visit: www.boostgm.com

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