



# April Health & Wellbeing Event

All Hallows Church,  
Councillor Lane, SK8 2JG

**Everyone welcome**

Charlee from the Public Health team is here to speak to people about the health and wellbeing offer in Stockport, this includes:

- Free blood pressure check
- Mental health & wellbeing offers
- Advice around smoking, alcohol, nutrition and physical activity
- Get involved in your community

**Wednesday  
2nd April  
2025**

**10am - 12**



**Hosted alongside**

