

August 2024

Activity Link

Events for Carers and Former Carers



Welcome to August Activity Link.

Please note that these events and activities are for carers and former carers only, unless the event says Everyone Welcome!

Thank you for your understanding with this.

Date	Activity	Description
Tuesday 27th August	Former Carers Group	Berretto Lounge 11:00 am - 1:00 pm
Wednesday 28th August	Online Carers Meet-Up	Online 1:00 pm - 2:00 pm
	Carers Drop In	Ashlea Pub 1:00 pm - 3:00 pm
Friday 30th August	Family Recycled Art 	Heatons Centre 11:00 am - 1:00 pm

Booking is essential.

Full information about our events and any costs involved can be found on our website.

We make every effort to ensure this information is correct, but we reserve the right to update this information where necessary.

ENJOY THE SUMMER

www.signpostforcarers.org.uk/signpost-events

0161 442 0442

bookings@signpostforcarers.org.uk



Date	Activity	Description
1st-31st August	Book Club: Weirdo by Sara Pascoe	Discussion via Signpost's facebook group
Friday 2nd August	Walk and Talk	Brabyns Park 10:30am - 12:30pm
	Family Recycled Art 	Heatons Centre 11:00 am - 1:00 pm



Date	Activity	Description
Monday 5th August	Annie's Cafe Everyone Welcome!	Heatons Centre 11:00 am - 1:00 pm
	Drama for Fun! (Everyone)	Brookdale Theatre 2:00pm - 4:00pm
Wednesday 7th August	Online Carers Meet-Up	Online 1:00 pm - 2:00 pm
Thursday 8th August	Carers Drop in	Heald Green Village Hall 10:00 am - 1:00 pm
	Time for a Brew	Dobbies Garden Centre 11:00 am - 1:00 pm
Friday 9th August	Walk to Fitness (Heatons Route)	Heatons Centre 10:30 am - 12:30 pm
	Family Recycled Art £3	Heatons Centre 11:00 am - 1:00 pm
Monday 12th August	Drama for Fun! (Everyone!)	Brookdale Theatre 2:00pm - 4:00pm
Tuesday 13th August	Former Carers Group	Berretto Lounge 11:00 am - 1:00 pm

Date	Activity	Description
Wednesday 14th August	Online Carers Meet-Up	Online 1:00 pm - 2:00 pm
Friday 16th August	Family Recycled Art £3	Heatons Centre 11:00 am - 1:00 pm
	Doodle Club	Heatons Centre 2:00 pm - 3:30 pm
Saturday 17th August	TMG Treatments £15	Heatons Centre 9:00 am - 1:00pm
Wednesday 21st August	Nature Ramble: Parrs Wood Eco Centre £3	Parrs Wood Eco Centre 10:00 am - 1:00pm
	Online Carers Meet-Up	Online 1:00 pm - 2:00 pm
Thursday 22nd August	Walk to Fitness Plus: Lyme Park	Lyme Park 12:00 pm - 3:00 pm
Friday 23rd August	Family Recycled Art £3	Heatons Centre 11:00 am - 1:00 pm
Saturday 24th August	TMG Treatments £15	Heatons Centre 9:00 am - 1:00pm

BOOK HERE: WWW.SIGNPOSTFORCARERS.ORG.UK/EVENTS