



Are you ready to Guit Smoking?

Your Health Stockport are committed to helping you quit smoking for good



Get a brew and ask questions about options to help you quit smoking Available to anyone aged 12+ and lives in Stockport

Tuesday 11th March 2025

Stockport Central Library Wellington Road South SK1 3RS 4pm – 6:30pm

0161 870 6492 www.yourhealthstockport.co.uk

YOU ARE 4 TIMES MORE LIKELY TO QUIT WITH SUPPORT FROM OUR PRACTITIONERS!

